

# September

## High School

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and market trends

				Secondary Menu Reduced Price Lunch \$ .40 Adult Lunch \$2.75 Paid Breakfast \$ 1.00 Reduced Price Breakfast \$.30 Adult Breakfast \$ 1.50 High School Lunch \$2.00 Junior High Lunch \$1.50
<b>Monday 31</b> Adobe Grill Cheese Quesadilla Ballpark Classics Cheese Burger Hamburger, Chicken Burger Red Dragon Orange Chicken Gourmet Greens Chef Salad Refried Beans / Fries / White Rice Fresh Fruit & Vegetable Bar Variety of Milk	<b>Tuesday 1</b> Traditional Cuisine Oven Baked Chicken Ballpark Classics BBQ Sandwich Spicy Chicken Sandwich / Hot Dogs Luigi's Eatery Pepperoni Pizza Deli Bar Club Sub Rolls / Sun Chips / Corn Fresh Fruit & Vegetable Bar Variety of Milk	<b>Wednesday 2</b> Grilled Cheese / Tomato Soup Luigi's Eatery Sausage Pizza Ballpark Classics Cheese Burgers Chicken Sandwich / Hamburger Red Dragon Beef Chop Suey Fries / Egg Roll / Chips & Queso Fresh Fruit & Vegetable Bar Variety of Milk	<b>Thursday 3</b> Traditional Cuisine Chicken Lemon Pepper Adobe Grill Beef & Bean Burrito Gourmet Greens Southwest Chicken Salad Luigi's Eatery Ham Calzone Deli Bar Ham & Turkey Sub Rolls / Beans & Rice / Sun Chips Fresh Fruit & Vegetable Bar Variety of Milk	<b>Friday 4</b> Traditional Cuisine Salisbury Steak Ballpark Classics Corn Dog Spicy Burger, Cheese Burger Luigi's Eatery Ham Pizza Gourmet Greens Hawaiian Chicken Salad Mashed Potatoes/ Rolls / Fries Fresh Fruit & Vegetable Bar Variety of Milk
<b>Breakfast</b> Breakfast Pizza Oatmeal Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Egg, Ham & Cheese Burrito Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Cinnamon Rolls Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Biscuit & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal
<b>Monday 7</b> Labor Day School Holiday	<b>Tuesday 8</b> Traditional Cuisine Rosemary Chicken Adobe Grill Chicken Tacos Ballpark Classics Deli Bar Gourmet Greens Chef Salad Fries / Chips / Breadsticks Fresh Fruit & Vegetable Bar Variety of Milk	<b>Wednesday 9</b> Traditional Cuisine Turkey Roast Adobe Grill Chicken Tacos Ballpark Classics Deli Bar Meatball Sub Gourmet Greens Chicken Caesar Salad Mashed Potatoes / Roll / Beans & Rice Fresh Fruit & Vegetable Bar Variety of Milk	<b>Thursday 10</b> Adobe Grill Chicken Enchiladas Ballpark Classics Luigi's Eatery Pizza & Calzone Red Dragon Chicken Stir Fry Deli Bar Philly Cheese Steak Roll / Beans & Rice / White Rice Fresh Fruit & Vegetable Bar Variety of Milk	<b>Friday 11</b> Traditional Cuisine Beef Fingers Adobe Grill Crispy Beef Tacos Ballpark Classics Luigi's Eatery Spaghetti W/Meatsauce Pepperoni Pizza Roll / Corn / Fresh Fruit & Vegetable Bar Variety of Milk
	<b>Breakfast</b> French Toast Sticks Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Sausage & Biscuit Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Pancakes W /Syrup Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal
<b>Monday 14</b> Traditional Cuisine Chicken A La King Adobe Grill Beef Burrito Ballpark Classics Luigi's Eatery Rotini W/Meatsauce Red Dragon Chicken Chow Mein Roll / Carrots/ Rice & Beans Fresh Fruit & Vegetable Bar Variety of Milk	<b>Tuesday 15</b> Traditional Cuisine Breaded Chicken Adobe Grill Spicy Quesadilla Ballpark Classics Luigi's Eatery Pizza Deli Bar Fries / Chips /Corn Fresh Fruit & Vegetable Bar Variety of Milk	<b>Wednesday 16</b> Traditional Cuisine Mac & Cheese Adobe Grill Cheese Crisp Ballpark Classics Luigi's Eatery Ham Calzone Deli Bar Green Beans / Rice & Beans / Assorted Chips Fresh Fruit & Vegetable Bar Variety of Milk	<b>Thursday 17</b> Traditional Cuisine Pepper Steak Adobe Grill Bn & Chz Burritos Ballpark Classics Luigi's Eatery Pizza & Calzone Gourmet Greens Italian Salad Rolls / Mashed Potatoes Fresh Fruit & Vegetable Bar Variety of Milk	<b>Friday 18</b> Traditional Cuisine Chicken Noodle Soup Adobe Grill Ballpark Classics Luigi's Eatery Rotini W/ Meatsauce Red Dragon Chicken Sechwan W/Rice Fries/ Mixed Veggies / Crackers Fresh Fruit & Vegetable Bar Variety of Milk
<b>Breakfast</b> Jumbo Waffles W/Syrup Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Scrambled Eggs & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Apple Cinnamon Muffin Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Oatmeal Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal
<b>Monday 21</b> Adobe Grill Soft Chicken Tacos Ballpark Classics Luigi's Eatery Chicken Alfredo Deli Bar Refried Beans / Fries / Peas & Carrots Fresh Fruit & Vegetable Bar Variety of Milk	<b>Tuesday 22</b> Traditional Cuisine Beef Fingers Adobe Grill Crispy Beef Tacos Ballpark Classics Luigi's Eatery Chicken Parmesan Red Dragon Orange Chicken Rolls / White Rice / Corn Fresh Fruit & Vegetable Bar Variety of Milk	<b>Wednesday 23</b> Adobe Grill Bn & Chz Burrito Ballpark Classics Luigi's Eatery Spaghetti W/ Meatsauce Pepperoni Pizza Traditional Cuisine BBQ Chicken Fries / Roll / Vegetabel Normandy Fresh Fruit & Vegetable Bar Variety of Milk	<b>Thursday 24</b> Traditional Cuisine Turkey Roast Ballpark Classics Chili Dog Luigi's Eatery Red Dragon Beef Chop Suey Adobe Grill Cheese Crisp Rolls / Mashed Potatoes / Oreintal Veggies Fresh Fruit & Vegetable Bar Variety of Milk	<b>Friday 25</b> Adobe Grill Chicken Fajitas Ballpark Classics Deli Bar Red Dragon Chicken Teriyaki w/Pineapple Fries / Carrots / Rice & Beans Fresh Fruit & Vegetable Bar Variety of Milk
<b>Breakfast</b> English Muffin & Sausage Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Eggs W/ Cheese Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Pancakes W/Syrup Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Blueberry Muffins Fresh Fruit Selection Assorted Low Sugar Cereal	<b>Breakfast</b> Breakfast Pizza Fresh Fruit Selection Assorted Low Sugar Cereal
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